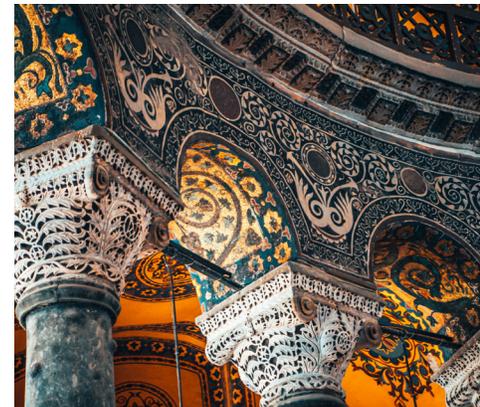
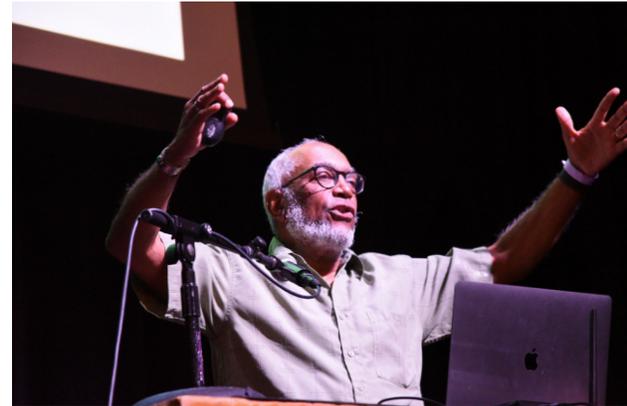


**More choices**  
**More flexibility**  
**More dynamic**  
**learning**



Discover for  
yourself  
[oli.berkeley.edu](http://oli.berkeley.edu)



Registration opens October 17

**Winter 2023**  
January 17–March 10

# Letter from the Director



As I ponder our winter courses and events, I am reminded of Aristotle's quote: "To know thyself is the beginning of all wisdom." Self knowledge seems to be a launching point for learning, no matter how old or young you are.

Susan Van Dyne and Pamela Blotner's courses examine the worlds of artists and writers who reflect on personal histories and social movements in their creative work. Sandra Bass and Belvie Rooks investigate elderhood and new forms of activism.

Sara Orem animates life experience in the writing of legacy letters. Barry Friedman suggests how self knowledge is expanded with an understanding of dreams and the unconscious. And Lauren Vanett delves into the meaning of life through the life stages of grief and loss.

All of these courses engage with the innate power of each of us to experience, to transform, to contribute.

Further, the term offers powerful historical narratives, whether those be biblical stories, films that reveal the mythologies that shaped our nation, or the works of local filmmakers who uncover realities not usually seen or experienced. And there is the ongoing theoretical work of Darren Zook, Michael Baker, and Dariush Zahedi on our political discourse and analysis, from the United States to China to the Middle East and Africa.

The balance of the term is placed on hope and the solace that is found in our relationships with each other. In the winter speaker series, the focus is to harvest the good will and profound insight that arises when generations are brought together.

Come for these provocative courses and events, and stay for the community.

Susan Hoffman  
Director, OLLI @Berkeley

## Who We Are

The Osher Lifelong Learning Institute (OLLI) at UC Berkeley is a dynamic learning community for explorers age 50 and up. An OLLI @Berkeley membership opens up a world of discovery: smart, curated courses — with no exams or grades — taught by Berkeley faculty and other scholars; opportunities to participate in pivotal research; and a year-round lineup of lectures, workshops, discussion groups, clubs, and activities.

OLLI @Berkeley was established in 2007 with generous support from the Bernard Osher Foundation and is one of more than 120 Osher Lifelong Learning Institutes in the country.

**Director:** Susan Hoffman

**Business and Operations Manager:**

Patricia Carvalho

**Communications and Marketing Manager:**

Nancy Murr

**Curriculum Coordinator:** Matt Shears

**Classroom and Facilities Coordinator:**

Max Godino

**Classroom Coordinators:**

LaeCharles Lawrence, Jr., Rob Chew

**Research Program Associate:** Cheryl Brewster

## Contact Us

OLLI @Berkeley

UC Berkeley

1995 University Avenue, Suite 365

Berkeley, CA 94704-1570

Website: [olli.berkeley.edu](http://olli.berkeley.edu)

Email: [berkeley\\_olli@berkeley.edu](mailto:berkeley_olli@berkeley.edu)

**30 courses:  
9 in-person  
18 remote instruction  
3 encore**

**Winter registration opens October 17**

Check out faculty course promo videos and learn about the benefits of membership at [olli.berkeley.edu](http://olli.berkeley.edu)



## Health and Safety

OLLI @Berkeley follows all UC Berkeley, City of Berkeley, and venue-issued health mandates in order to provide programming safely. To attend in-person courses, members must show proof of vaccination and a photo ID. Further details regarding UC Berkeley's health and safety protocol can be found here: [olli.berkeley.edu/health-safety](https://olli.berkeley.edu/health-safety). In-person classes that cannot be delivered safely will be delivered remotely.

## Course Structure

**In-person Instruction:** Courses run for six weeks; each meeting lasts 120 minutes. In-person courses are livestreamed and recorded when appropriate.

### Livestreamed Instruction:

Livestreamed workshop and lecture courses run for four or eight consecutive weeks; each meeting lasts 90 minutes unless otherwise noted. When possible, livestreamed courses are recorded.

## Zoom

**You must have a Zoom account to access courses and special events.**

Zoom links will be made available on your member dashboard on the OLLI website.

## Affiliate Discount

Members of the following groups can receive a \$10 discount on Annual or Premium OLLI memberships:

- Cal Alumni Association (CAA) members
- Current or retired faculty/staff at UC Berkeley, LBNL, and UCOP

Discounts do not apply to Encore Only memberships. Additional discounts cannot be applied to Fee Assistance memberships.

## About Membership

OLLI @Berkeley celebrates the insatiable curiosity of older adults and their ongoing quest to learn about, engage with, and contribute to the world around them. Become a member and gain access to fascinating and substantive courses taught by distinguished scholars, speaker events featuring leading thinkers discussing critical issues, intergenerational dialogues, opportunities to participate in research with UC partners, field trips, and more.

### Membership Types with Course Fees:

Choose one of three membership options. Course fees are separate, and are based on your choice of membership, course type, and instructional hours. We offer four academic terms — fall, winter, spring, and summer — per year.

#### Single Term

**\$50**

**Valid: 1 term**

**Course Fees:**

**Lectures (3 types): \$155 / \$120 / \$90**

**Discussions (2 types): \$195 / \$90**

**Workshop: \$235**

**Encore: \$120**

- A great way to sample OLLI
- Makes sense if you plan to take courses for one term only and not again within a year

#### Annual

**\$100**

**Valid: 4 consecutive terms**

**Course Fees:**

**Lectures (3 types): \$155 / \$120 / \$90**

**Discussions (2 types): \$195 / \$90**

**Workshop: \$235**

**Encore: \$120**

- Our most popular option!
- A smart choice if you think you'll take courses in two or more terms

#### Premium

**\$950**

**Valid: 4 consecutive terms**

**Course Fees:**

**Lectures (all types): \$0**

**Discussions (all types): \$40**

**Workshop: \$80**

**Encore: \$0**

- Most cost effective option if you plan to take 6+ courses in a year
- Pay no fees for majority of courses and enjoy steep discounts on others

### OLLI for All Fee Assistance Program

At OLLI @Berkeley, we believe finances should not be a barrier to lifelong learning. With fee assistance, you'll enjoy waived membership dues (\$100 savings) and 70% off all course fees. Learn more at <https://olli.berkeley.edu/fee-assistance>

### Course Changes

Course schedules and faculty are subject to change. Please refer to our website for the most current listings. Courses can be dropped up to seven days prior to the start of the term for a refund. Contact us at [berkeley\\_olli@berkeley.edu](mailto:berkeley_olli@berkeley.edu) prior to the deadline to be issued a refund.

# Calendar

## MONDAYS

Begins 1/23  
No class February 20

9:30–11:30 a.m.

### **Enacting Femininity in Literature**

Stephanie Wells  
Livestreamed Only  
Six weeks, ends 3/6

9:30–11:30 a.m.

### **San Francisco in Photographs**

Richie Unterberger  
Livestreamed Only  
Six weeks, ends 3/6

10 a.m.–noon

### **Joy of Singing**

Lauren Carley  
In-person, UH 150  
Six weeks, ends 3/6

Noon–1:30 p.m.

### **Diving into the Movies**

Harry Chotiner  
Livestreamed + Recorded  
Four weeks, ends 2/13

1–3 p.m.

### **Four American Writers and Artists**

Susan Van Dyne  
In-person, UH 150  
Six weeks, ends 3/6

2:30–4:30 p.m.

### **The Art of Elderhood**

Sandra Bass, Belvie Rooks  
Livestreamed + Recorded  
Four weeks, ends 2/13

## TUESDAYS

Begins 1/17

10 a.m.–noon

### **iPhoneography**

Yoni Mayeri  
Livestreamed Only  
Six weeks, ends 2/21

10 a.m.–noon

### **Bay Area Documentary Filmmakers**

Michael Fox  
In-person, F&S  
Six weeks, ends 2/21

10 a.m.–12:30 p.m.

### **Dream Work and Archetypal Mythology**

Barry Friedman  
In-person, GBC 365  
Six weeks, ends 2/21

1–3 p.m.

### **Memphis Soul**

Pete Elman  
In-person, F&S  
Livestreamed  
Six weeks, ends 2/21

1–3 p.m.

### **The Genocide in California's Closet**

Robert McNally  
In-person, GBC 365  
Six weeks, ends 2/21  
Livestreamed + Recorded

1–3 p.m.

### **iPhoneography**

Yoni Mayeri  
Livestreamed Only  
Six weeks, ends 2/21

## WEDNESDAYS

Begins 1/18

9:30–11 a.m.

### **Istanbul**

Pierluigi Serraino  
Livestreamed + Recorded  
Four weeks, ends 2/8

10 a.m.–noon

### **Six Biblical Conundrums**

David Meir-Levi  
In-person, UH 150  
Six weeks, ends 2/22

Noon–1:30 p.m.

### **Dark Westerns**

Art Eckstein  
Livestreamed + Recorded  
Eight weeks, ends 3/8

1–3 p.m.

### **How America Became Great**

Michael Baker  
In-person, UH 150  
Livestreamed + Recorded  
Six weeks, ends 2/22

1–3 p.m.

### **Five Personal Pieces: Building a Memoir**

Deborah Lichtman  
In-person, GBC 365  
Six weeks, ends 2/22

2:30–4 p.m.

### **Music in the Twentieth Century**

Larry London  
Livestreamed Only  
Eight weeks, ends 3/8

2:30–4 p.m.

### **The Wisdom of Grief**

Lauren Vanett  
Livestreamed Only  
Eight weeks, ends 3/8

## WEDNESDAYS

Begins 2/15

9:30–11:30 a.m.

### **Cooking by the Book**

Linda Carucci  
Livestreamed + Recorded  
Four weeks, ends 3/8

## THURSDAYS

Begins 1/19

9:30–11 a.m.

### **Political Discourse**

Darren Zook

Livestreamed + Recorded

Four weeks, ends 2/9

9:30–11 a.m.

### **How to Write a Legacy Letter**

Sara Orem

Livestreamed Only

Eight weeks, ends 3/9

Noon–1:30 p.m.

### **The Cinema of Agnieszka Holland**

Karen Davis

Livestreamed + Recorded

Four weeks, ends 2/9

Noon–1:30 p.m.

### **Red Star and the Crescent**

Dariush Zahedi

Livestreamed + Recorded

Eight weeks, ends 3/9

2:30–4 p.m.

### **Boroughs & Barrios: NYC and LA**

Karina Palau

Livestreamed + Recorded

Eight weeks, ends 3/9

## THURSDAYS

Begins 2/16

9:30–11 a.m.

### **The Art of Politics**

Darren Zook

Livestreamed + Recorded

Four weeks, ends 3/9

Noon–1:30

### **Eco-Artists Speak Out**

Pamela Blotner

Livestreamed + Recorded

Four weeks, ends 3/9

## FRIDAY SPECIAL EVENTS

(see p. 12)

### **Location Key**

F&S = Freight & Salvage  
Coffeeshouse, 2020  
Addison St.

UH = University Hall, 2199  
Addison St.

GBC = Golden Bear Center  
1995 University Ave.  
Suite 365



Photo: Nancy Murr

## TYPES OF COURSES

**In-person lecture** courses will take place at one of our venues in downtown Berkeley. These courses may be delivered as in-person only courses, or may be livestreamed and recorded when appropriate.

**In-person seminar or workshop** courses will take place at 1995 University Avenue, Suite 365, or University Hall, room 150, Berkeley. These are in-person only, unless otherwise noted.

**Livestreamed + Recorded** courses will stream live at the scheduled time and will also be recorded for viewing later. Course videos will be posted each Friday and will appear in the course materials section of your member dashboard.

**Livestreamed Only** courses will stream live at the scheduled time and will not be recorded for viewing later. Zoom links can be found on your member dashboard.

**Encore** courses are recordings of courses that were presented live in a previous term. Course videos are posted on the first day of the term and remain available throughout the term. Encore course listings can be found on page 10.



Photo: Courtesy of the Library of Congress

## How to Be a Woman: Enacting Femininity in Literature

Stephanie Wells

9:30–11:30 a.m.

Livestreamed Only

Six weeks, ends 3/6

**\$155 (Premium: \$0)**

Through study of novels, short stories, and poems, this course will examine how women's gender roles have been prescribed in literature and evolved over time. We will focus on the period from the 19th century to the present.

**Stephanie Wells** has a B.A. from UC Berkeley, an M.A. from the University of Virginia, and received her Ph.D. from UC Davis with a focus on modernism and postmodernism in American and British novels and poetry. She has been a literature professor for over 20 years and currently teaches at College of Marin.

## San Francisco in Photographs, 1850–2020

Richie Unterberger

9:30–11:30 a.m.

Livestreamed Only

Six weeks, ends 3/6

**\$155 (Premium: \$0)**

The San Francisco Bay Area's natural beauty and social history have inspired photographers from the time photography was invented. To create *San Francisco: Portrait of City*, author and photo researcher Richie Unterberger selected the most striking images that document the Bay Area's history. This course will use photography to examine the evolution of Bay Area architecture, music, political activism, and landscapes from 1850 to the present, and feature work by some of the most internationally renowned photographers of several eras.

**Richie Unterberger** is the author of numerous art and music history books and has taught courses on rock and soul at OLLI for six years.

## Joy of Singing

Lauren Carley

10 a.m.–noon

In-person + Livestreamed Only

UH 150

Six weeks, ends 3/6

**\$155 (Premium: \$0)**

Anyone, no matter their vocal ability or experience, can improve their understanding of the voice and experience the pleasure of singing with others. The music we will sing in this course comes from many traditions around the world and is chosen to demonstrate vocal technique and build confidence. Students will build ensemble skills, practice rhythms, employ call and response, and leave with the tools to continue learning at home.

**Lauren Carley** is a singer, performance coach, and choral director. She has led community choirs in the Bay Area for 17 years.

## Diving Into the Movies

Harry Chotiner

Noon–1:30 p.m.

Livestreamed + Recorded

Four weeks, ends 2/13

**\$90 (Premium: \$0)**

This class will foster the fun, vitality, and warmth of friends sharing a conversation about a great film they've just seen. Before meeting, participants will watch four films selected for their engaging themes, issues, storytelling, and acting (students will receive notes about what to watch for). We will then meet online for a lecture and discussion about the films' elements. Note: The movie list will be provided before the start of the course.

**Harry Chotiner** served as an editor at *Socialist Review* magazine, a reader at Zoetrope Studios, and a story editor at CBS. He also served as vice president of development at 20th Century Fox and Interscope Communications and has taught history and film courses at the school of professional studies at New York University.

## Turning Points: Four American Writers and Artists

Susan Van Dyne

1–3 p.m.

In-person, UH 150

Six weeks, ends 3/6

**\$195 (Premium: \$40)**

This course will make use of memoir, film, and painting to explore the ways that four American writers and artists understood some of the defining moments in their lives. We will study the work of Annette Gordon-Reed, Chiura Obata, James Baldwin, and Hung Liu in the context of turning points in American history including migration, emancipation, internment, and the Civil Rights movement.

**Susan Van Dyne** earned her Ph.D. at Harvard and taught at Smith College for 40 years. She loves to teach in an interdisciplinary context and collaborate with students in an interactive classroom.

## The Art of Elderhood

Sandra Bass, Belvie Rooks

2:30–4:30 p.m.

Livestreamed + Recorded

Four weeks, ends 2/13

**\$120 (Premium: \$0)**

Even as the number of adults over 60 outnumbers the number of children under 18, Western societies, and American society specifically, rarely recognize and integrate the contributions and experience of elders. This course will explore the concept and reality of elderhood in our world and invite students to embark on a guided journey to embrace the age's power and possibilities.

**Sandra Bass**, Ph.D., is the associate dean and executive director of the Public Service Center at UC Berkeley.

**Belvie Rooks** is co-founder of the *Growing a Global Heart* project. She is a writer, educator, and producer whose work integrates feminism, ecology, and social justice.

Photo: Jaddy Liu



## **iPhoneography**

Yoni Mayeri

10 a.m.–noon

Livestreamed Only

Six weeks, ends 2/21

**\$235 (Premium: \$80)**

Learn how to expertly capture images, edit, and create extraordinary photographs using solely your iPhone. By the end of this workshop, you will understand the ins and outs of iPhone photography. Note: an iPhone 7+, 8+ or newer is recommended. Software should be iOS 15 or newer.

**Yoni Mayeri** is a professional photographer who began her career at Polaroid and Nikon, and had studios in San Francisco and Berkeley. Her iPhoneography workshops have been presented at institutions including UC Berkeley, Stanford University, Saint Mary's College, Rancho La Puerta, Pacific Art League, Stanford Research Park, Google, and the Garden Club of America.

## **Bay Area Documentary Filmmakers**

Michael Fox

10 a.m.–noon

In-person, F&S

Six weeks, ends 2/21

**\$155 (Premium: \$0)**

In nonfiction films, the subject matter is often perceived as overshadowing the artistry of the filmmaking process. In truth, the filmmaker's narrative, thematic, and aesthetic choices are as important as the material itself. Each class meeting will include a screening of a recent or in-progress documentary film followed by a candid discussion with the film's director.

**Michael Fox** is a film journalist and critic for *KQED Arts*, among other outlets. A member of the San Francisco Bay Area Film Critics Circle and inductee of the S.F. Film Society's Essential SF, he has taught documentary classes at the OLLI programs at UC Berkeley and San Francisco State for 15 years.

## **Dream Work and Archetypal Mythology**

Barry Friedman

10 a.m.–12:30

In-person, GBC 365

Six weeks, ends 2/21

**\$235 (Premium: \$80)**

Dreams are the soul's spontaneous, infinitely creative invitation to wholeness. In this course we'll learn to work with our dreams deeply and to recognize the archetypal themes that arise. We'll discuss the major archetypes that appear in our dreams, how these archetypes can enrich the meaning of our life experience, and how they connect with various cultural mythologies.

**Barry Friedman** Ph.D., MFT is a psychotherapist in private practice with more than 30 years specializing in depth psychotherapy and dream interpretation. He has taught the history of religions and world mythology and practices Hindu astrology.

Photo: Jr Korpa

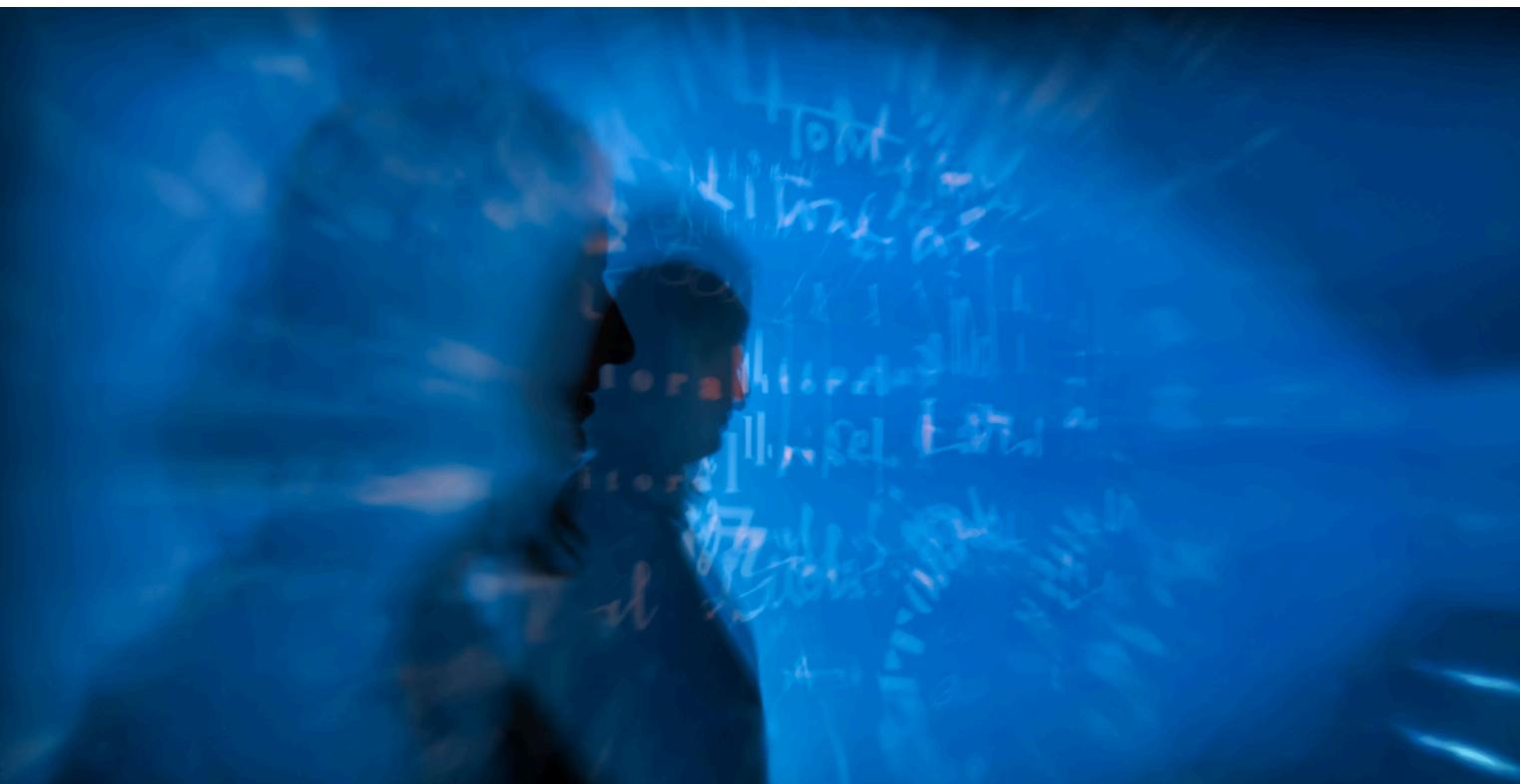




Photo: Chad Morehead

## Memphis Soul

Pete Elman

1–3 p.m.

In-person, F&S

Livestreamed

Six weeks, ends 2/21

**\$155 (Premium: \$0)**

The sound that came out of Memphis in the 1960s transformed the landscape of popular music. It was rhythm and blues; it was rock and roll. It was the sound of the Deep South, the incredible voices that came from the Black church, and the rhythms of the land. In this class, we will explore the evolution of Stax-Volt records and the artistry of Otis Redding, Booker T. and the MGs, Wilson Pickett, Sam and Dave, James Brown, Aretha Franklin, and many others.

**Pete Elman** is a musician, producer, teacher and author. He has taught many OLLI classes, including “A Rock ‘n’ Roll Road Trip” and courses on country, folk, Motown, and performers such as Bruce Springsteen and Van Morrison.

## The Genocide in California’s Closet

Robert McNally

1–3 p.m.

In-person, GBC 365

Livestreamed + Recorded

Six weeks, ends 2/21

**\$195 (Premium: \$40)**

Most Californians are unaware that during the second half of the 19th century their state sponsored and funded a campaign to exterminate the Indigenous population — a mass atrocity known in contemporary international law as genocide. This course will explore what happened in California between 1846 and 1900 and connect California’s story with the larger narrative of conquest in the United States.

Writer **Robert Aquinas McNally** is the author of *The Modoc War: A Story of Genocide at the Dawn of America’s Gilded Age*, which won a Commonwealth Club gold medal. His writing has appeared in *California History*, *Indian Country Today*, and *Wild West*.

## iPhoneography

Yoni Mayeri

1–3 p.m.

Livestreamed Only

Six weeks, ends 2/21

**\$235 (Premium: \$80)**

Learn how to expertly capture images, edit, and create extraordinary photographs using solely your iPhone. By the end of this workshop, you will understand the ins and outs of iPhone photography. **Note:** an iPhone 7+, 8+ or newer is recommended. Software should be iOS 15 or newer.

**Yoni Mayeri** is a professional photographer who began her career at Polaroid and Nikon, and had studios in San Francisco and Berkeley. Her iPhoneography workshops have been presented at institutions including UC Berkeley, Stanford University, Saint Mary’s College, Rancho La Puerta, Pacific Art League, Stanford Research Park, Google, and the Garden Club of America.



Photo: Raimond Klavins

## Istanbul: Where East Meets West

Pierluigi Serraino

9:30–11 a.m.

Livestreamed + Recorded

Four weeks, ends 2/8

**\$90 (Premium: \$0)**

As Rome's power faded away, Constantinople (modern Istanbul) took on a leading role and Eastern and Western civilization. This course will explore this vibrant city through its architecture, literature, food culture, music, cinematography, and public spaces — the many aspects of this metropolitan region that remains a transnational crossroad of world identities and unabated allure.

**Pierluigi Serraino** is a practicing architect, author, and educator. He holds multiple professional and research degrees in architecture from Italy and the United States. He is the author of eight books on architecture and his work and writing have been published in professional and scholarly journals.

## Six Biblical Conundrums and Science

David Meir-Levi

10 a.m.–noon

Livestreamed + Recorded

In-person, UH 150

Six weeks, ends 2/22

**\$155 (Premium: \$0)**

This course will review relevant evidence from astrophysics, archaeology, geology, and history to explore established facts about six events in the Bible. Which is right, the biblical creation story or astrophysics? The story of Exodus: Did it really happen? Join us while we look at the science behind these and other major events in the Bible.

**David Meir-Levi** earned his B.A. from Johns Hopkins University and his M.A. from Brandeis University. He taught archaeology and Near Eastern history at the Hebrew University and has lectured on Biblical studies and archaeology.

## Dark Westerns of the 1950s

Art Eckstein

Noon–1:30 p.m.

Livestreamed + Recorded

Eight weeks, ends 3/8

**\$155 (Premium: \$0)**

The Hollywood western is a major American contribution to film culture. While the westerns of the 1950s are often seen as

European-American imperialist propaganda, Hollywood produced a series of darker, more psychological westerns during the early Cold War. We will examine eight of these later westerns and explore what they say about American culture of the period.

**Arthur M. Eckstein** is a professor emeritus of history at the University of Maryland. His scholarship includes imperialism in the ancient world and modern worlds. He is the author of the book *The Searchers*, about John Ford's westerns.

## How America Became Great and How it Can Be Again

Michael Baker

1–3 p.m.

In-person, UH 150

Livestreamed + Recorded

Six weeks, ends 2/22

**\$155 (Premium: \$0)**

During the 20th century, the United States led allies to victory in two world wars and dominated the global economy. Today, American democracy is at war with itself and leadership has eroded. These lectures will examine the elements that made America great, some of the reasons we are struggling as a nation, and suggest some ways the United States can regain a prominent role in world leadership.

**Michael Baker** is a retired surgeon who served in the military and retired as a rear admiral. He was deployed both into combat and to serve on humanitarian missions. He has published over 70 peer-reviewed articles and has lectured at national and international conferences.

### **Five Personal Pieces: Building a Memoir**

Deborah Lichtman

1–3 p.m.

In-person, GBC 365

Six weeks, ends 2/22

**\$235 (Premium: \$80)**

This course will create a receptive writing community for those who are new to memoir as well as those who are more experienced. We will compose sketches of people and places from indelible moments in our lives and then build them into scenes of unfolding action. By the end of the term, each student will have a portfolio of five personal pieces that can stand alone or be woven into a longer project.

**Deborah Lichtman** has taught literature and writing for 30 years. She directed the

M.F.A. in writing program at the University of San Francisco, where she was an associate professor of writing. She also taught at Mills College and UC Berkeley, where she received an M.A. and Ph.D. in English.

### **Music in the Twentieth Century**

Larry London

2:30–4 p.m.

Livestreamed Only

Eight weeks, ends 3/8

**\$155 (Premium: \$0)**

This course will examine important musical innovators of the 20th century, including Debussy, Stravinsky, Bartok, Schoenberg, Milhaud, Louis Armstrong, Copland, and Ives. The class will include lecture, live demonstration, recordings, discussion to help us examine these artists' lives and specific works in terms of melody, harmony, rhythm, and the cultural milieu of the time.

**Larry London** did his undergraduate work at Harvard and earned a master's degree in composition at Mills College. He is a professional clarinetist and composer and teaches music at Ohlone College and at the Crowden Music Center.

### **The Wisdom of Grief**

Lauren Vanett

2:30–4 p.m.

Livestreamed Only

Eight weeks, ends 3/8

**\$235 (Premium: \$80)**

In this experiential and interactive class, we examine current research, share personal stories, and explore myths about grief. By reviewing grief experiences — large or small — and applying what we have learned, we will come to a deeper understanding of the obstacles to grieving and how to support others going through loss. (**Note:** This class is not grief therapy and is not recommended for those going through a new or recent loss. Unsure if this class is for you? Contact the instructor.)

**Lauren Vanett, M.A.**, is an educator with more than 40 years experience teaching positive psychology and the wisdom of grief. She designed courses and taught at San Francisco State University and has taught at OLLI since 2010.

## Wednesday Starts 2/15

### **Cooking by the Book**

Linda Carucci

9:30–11:30 a.m.

Livestreamed + Recorded

Four weeks, ends 3/8

**\$120 (Premium: \$0)**

Among the canon of cookbooks collected by an enthusiastic cook over the years, a few inevitably become favorites. In this course we'll explore four such gems, each carefully

selected for its current relevance as well as its distinctive recipes, techniques, and voice. These livestreamed classes feature cooking demonstrations and discussion. Recipes will be provided in advance.

**Linda Carucci** is the author of *Cooking School Secrets for Real World Cooks*, a finalist for both the James Beard and Julia Child First Book Awards. A professionally trained chef and acclaimed educator, she

served as dean of the California Culinary Academy and Julia Child Curator of Food Arts at COPIA: The American Center for Wine, Food & the Arts.



## Red Star and the Crescent: Sino-Middle Eastern Relations

Dariusz Zahedi

Noon–1:30 p.m.

Livestreamed + Recorded

Eight weeks, ends 3/9

**\$155 (Premium: \$0)**

As the global economic center of gravity shifts to the east, economic relations between China, the Middle East, and the North African region have become increasingly deep and multifaceted. The relationship among these regions has started to move beyond economic interests to include strategic considerations. This course will respond to the question: What motivating factors explain China's decision to forge closer ties to Middle Eastern countries? Particular attention will be devoted to the relations between China and Iran, Iraq, Saudi

Arabia, UAE, Oman, Egypt, Pakistan, and Israel.

**Dariusz Zahedi** is director of the AMENA Center for Building Innovation Economies in the Middle East at the Haas School of Business at UC Berkeley. Zahedi has also taught through Berkeley's undergraduate discovery courses program.

## Boroughs & Barrios: New York City & Los Angeles

Karina Palau

2:30–4 p.m.

Livestreamed + Recorded

Eight weeks, ends 3/9

**\$155 (Premium: \$0)**

Socially and economically, New York City and Los Angeles figure as American dreamscapes. Both are made up of many neighborhoods

that provide the promise of refuge, freedom, and self-invention and hinge on the promise that cities work like open circuits, enabling unrestricted mobility to everyone. In this course we will explore the histories of these two urban landscapes through writing, popular music, advertisements, maps, photography, and film.

**Karina Palau** is a lecturer in and coordinator of reading and composition for UC Berkeley's Department of Comparative Literature.

# Thursday Starts 2/16

## The Art of Politics

Darren Zook

9:30–11 a.m.

Livestreamed + Recorded

Four weeks, ends 3/9

**\$90 (Premium: \$0)**

How does art use its various media to influence politics? How does politics, in turn, try to control or influence the production of art? Through an examination of specific artists and specific works, this course will explore the when, why, and how of political expression through the arts. This is not so much a course on artistic technique as one that examines the complex relationship between art and politics.

**Darren Zook** teaches political science and global studies at UC Berkeley. His areas of interest include comparative politics, human rights, international law, and cybersecurity.

## Eco-Artists Speak Out

Pamela Blotner

Noon–1:30 p.m.

Livestreamed + Recorded

Four weeks, ends 3/9

**\$90 (Premium: \$0)**

Eco-artists combine art and science to educate the public about ways in which they can help protect and restore threatened ecosystems, including endangered species, polluted waterways, migratory routes, and shrinking forests.

**Pamela Blotner** served as a United States arts envoy to Burma and Laos in 2018. She has taught at the University of San Francisco, University of Maryland, and University of Chicago. She is co-founder and co-curator of Artists Beyond Boundaries.

# Friday Special Events

Included in these events are the series America's Unfinished Work, an ongoing investigation of race in America; and Town Halls, which feature panel discussions that address a central theme of social and political import.

Friday events feature leading thinkers discussing critical topics. Included in these events are the series America's Unfinished Work, an ongoing investigation of race in America; and Town Hall panel discussions. Events take place from 10:30–11:30 a.m., unless otherwise noted. More information is on our website.

## January 20th The Legacy of Mark Twain

**Linda Rugg**, Associate Vice Chancellor for Research and Professor of Swedish Literature in the Scandinavian Department at UC Berkeley

**Robert Hirsh**, General Editor, Mark Twain Project and Curator, Mark Twain Papers

## January 27 Co-generativity: A Perspective on Intergenerational Learning

**Marc Freedman**, CEO and president, Encore.org

## February 3 Two Views of San Francisco: An Intergenerational Discussion

**Joe Talbot**, Director, *The Last Black Man in San Francisco*

**David Talbot**, Author of *Season of the Witch: Enchantment, Terror and Deliverance in the City of Love*

## February 10 Town Hall: We the People

Facilitated by Darren Zook

## February 17

No event, President's Day Weekend

## February 24 America's Unfinished Work Ebony Visions and Cowrie Shell Dreams: A Journey Through the World of Black Children's Literature

**Daphne Muse**, Writer and Elder in Residence with UC Berkeley's Black Collaboratory

## March 3 Lafayette Open House

A meet and greet with OLLI members, faculty, and staff  
10–11:30 a.m.  
Lafayette Library and Learning Center

# Member Events

Photo: Mariana Medvedeva



**Vital Aging** is a monthly meeting of OLLI members interested in issues, both scientific and social, of aging. All members are welcome. Go to [olli.berkeley.edu/vital-aging](http://olli.berkeley.edu/vital-aging) for details. Facilitated by Sara Orem.

### Winter Term Meetings

January: Diets, food plans, and healthy eating: what works for you?

February: Hearing loss as we age, including hearing issues, the latest research

March: Caregiving for the caregiver



Photo: Vincent Ledvina

Encore courses are previously recorded courses that were well-received by the membership during their live run. Encore course videos will be made available on the first day of the term (January 18, 2023) and will remain available throughout the term.

## Paris: Its Cultural Legacy

Pierluigi Serraino

**\$120 (Premium: \$0)**

Paris enjoys mythological standing in Western civilization. This course will explore the city's magic through the lens of diverse disciplines, revealing its distinction in the fine and performing arts, architecture, literature, and science. A lively and dynamic group of speakers representing many different perspectives will address Paris's enduring appeal.

**Pierluigi Serraino** is a practicing architect, author, and educator. He holds multiple professional and research degrees in architecture from Italy and the United States. He is the author of eight books on architecture and his work and writing has been published in professional and scholarly journals.

## The Nordic Lands: Politics, Society, and Culture

Darren Zook

**\$120 (Premium: \$0)**

The Nordic lands have always followed something of a separate path from the rest of Europe, but aside from a few general reference points — the Vikings, Abba, and the much-vaunted but largely misunderstood “Nordic model” welfare state — much of what makes the Nordic lands unique remains a mystery. This course will explore what links all of the Nordic lands — Finland, Norway, Sweden, Iceland, Denmark, the Faroe Islands, and Greenland — and what makes each distinctive.

**Darren Zook** teaches political science and global studies at UC Berkeley. His areas of interest include comparative politics, human rights, international law, and cybersecurity.

## Cultural Astronomy

Bryan Méndez

**\$120 (Premium: \$0)**

In this course, we will study how astronomy has influenced — and been influenced by — calendars, language, literature, mythology, folklore, entertainment, agriculture, arts, fashion, architecture, religion, politics, and science. We will examine the ways that artifacts from ancient cultures, such as ruins of ancient civilizations, can be interpreted through their physical alignment to astronomical events. To better understand astronomical influences in contemporary culture, we will briefly review the state of our knowledge about the lives of stars, the nature of planetary systems, and the evolution of the cosmos.

**Bryan Méndez** is an astronomer and education specialist dedicated to sharing the wonder and beauty of the universe. He develops educational resources for students, teachers, and the public; conducts professional development for science educators; and teaches astronomy and physics at UC Berkeley.

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**30 courses:**  
**9 in-person**  
**18 remote instruction**  
**3 encore**

**Winter registration opens**  
**October 17**

Check out faculty course promo  
videos and learn about the benefits of  
membership at [olli.berkeley.edu](https://olli.berkeley.edu)

Photo: Nancy Murr

[olli.berkeley.edu](https://olli.berkeley.edu)

